

UTI: Collecting Mid-Stream Urine Specimen



1 Use an **approved** empty sterile container.



2 **Label** the container with the following:

- Resident's full name
- Resident's date of birth
- Date and time of collection
- Resident's unit or ward and room number



3 **Complete** the requisition according to the laboratory protocol and insert the requisition in the outside pouch of a clear plastic transport bag.



4 **Perform hand hygiene** and put on gloves.



5 **Remove the lid** from the empty container and **carefully** set the lid **upside down**, making sure not to touch the inner surface of the lid.



6 **Instruct** the resident to pass a small amount of urine into the toilet (*this initial stream of urine may be contaminated with skin and urethral bacteria*). **Then, collect urine** from the stream into the container. Fill the container $\frac{1}{2}$ to $\frac{2}{3}$ full—**do not overfill**. This is a mid-stream urine specimen.



7 **Put the lid** on the container and **secure** it tightly.



8 **Place** the specimen container in the **sealable** pouch of the clear plastic transport bag.



9 **Remove gloves** and **perform** hand hygiene.

10 **Place immediately** in specimen refrigerator. Keep the urine sample **refrigerated** and submit it to the laboratory **within 24 hours** of collection.