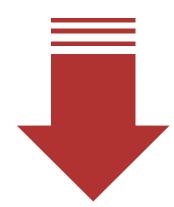
This visual summary highlights a few findings from the <u>Ontario Tobacco Monitoring Report 2018</u>. Data presented is primarily from 2017. For additional details, please refer to the report and technical supplements.



Use of all tobacco products is down since 2015

BUT

2.3 million

Ontarians are still using tobacco products



# Cigarettes are the most commonly used tobacco product



#### **Current Smoking Status**

15% of Ontarians smoke cigarettes\*



Significantly more males smoke cigarettes than females.

\*smoked in the past 30 days and smoked >100 cigarettes in one's lifetime.

#### **Burden of Tobacco**

Tobacco is the leading cause of preventable death and disease in Ontario.

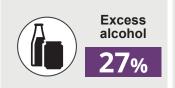




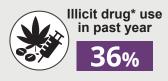
**\$7.0** billion In health care costs (direct & indirect)

# **Subpopulations**

There are groups within our communities that have disproportionately higher rates of cigarette smoking.









All of the above populations have >500,000 current tobacco users.

\*In 2017, cannabis was an illegal substance and included in illicit drug use.

# **Quitting Smoking**



1 in 2

smokers report making 1 or more quit attempts in the past year.



1 in 4 plan to quit in the next 30 days.



#### **Cannabis**



1in 2

current adult cigarette smokers reported using cannabis in the past year.

1/3

of adult cannabis users mixed cannabis with tobacco.

### **E-cigarettes**



**53**%

of current cigarette smokers reported using an e-cigarette in their lifetime.

~3x

as many youth initiated use of e-cigarettes in the last year compared to cigarettes (14% vs. 5%).