

IPAC Personal Risk Assessment

Definition

A personal risk assessment is a thought process health care providers engage in before each and every interaction with a patient and or his or her environment. This is necessary to determine which interventions are required to help prevent the transmission of infection.

Summary

- A personal risk assessment is a thought process you are to engage in prior to each patient interaction.
- Ask yourself questions about the patient and what you need to do to help protect yourself and others.
- Based on your personal risk assessment, you will determine the appropriate infection prevention and control interventions.
- IPAC interventions include hand hygiene, sharps disposal and the use of personal protective equipment (PPE) to help reduce the risk of transmission of microorganisms to and from others.

Reference

Ontario Agency for Health Protection and Promotion, Provincial Infectious Diseases Advisory Committee. Routine Practices and Additional Precautions in All Health Care Settings. 3rd edition. Toronto, ON: Queen's Printer for Ontario; November 2012.